

'Coaching with Confidence' Coaching Skills Programme

EMCC Practitioner Level 5 accredited, competency based training programme, designed and delivered by Professional Executive Coaches and Coach Supervisors, to develop outstanding coaches and organisational coaching leadership capability



Matthew Radley & Associates
Executive Coaching Consultancy
We coach - you lead with confidence

“Professional coaching is being fully committed to a client’s personal and professional success and wellbeing, through high support/high challenge conversations that encourage accountability and lead to increased confidence to take action”

Matthew Radley, EMCC Global Master Practitioner

*“The most important journey a coach can take is one of self-discovery; from self-awareness to self-acceptance to personal confidence, and onwards to a future built on the strongest of foundations...
..coaching with confidence”*

Matthew Radley, EMCC Global Master Practitioner

Welcome!

It is a pleasure to welcome you to your **'Coaching with Confidence' Coaching Skills Programme**.

This EMCC (European Mentoring and Coaching Council) accredited, competency based training programme is designed and delivered by Professional Executive Coaches and Coach Supervisors, to develop outstanding coaches and organisational coaching leadership capability.

We are privileged to share with you that this programme has been **awarded the EQA (European Quality Award) conferred by the EMCC** – further reinforcing the standards that the team at Matthew Radley & Associates consistently brings to all of their Professional Coaching Programmes.

On completion of this programme **you are also entitled to apply for your EIA (European Individual Accreditation) Practitioner Level 5**. We will guide you through this simple process and ensure your successful application and graduation!

When you first join the programme you will receive a **comprehensive journal** containing all the information you will need to complete the course:

- **Pre-Module and Modules 1-4** (ensure you complete all exercises and record your detailed insights and reflections, as this forms part of your EIA application portfolio)
- **Further EIA documentation** (all of which must be read and completed for your EIA application portfolio)
- **Client and Reflection logs** (ensure you complete these fully for each coaching practice you undertake)
- **Supervision and CPD logs** (ensure you complete these in full after each Supervision or CPD experience)

Alternatively we encourage you to use the Digital Logbooks as shared with you by your tutor.



'Coaching with Confidence' core competencies

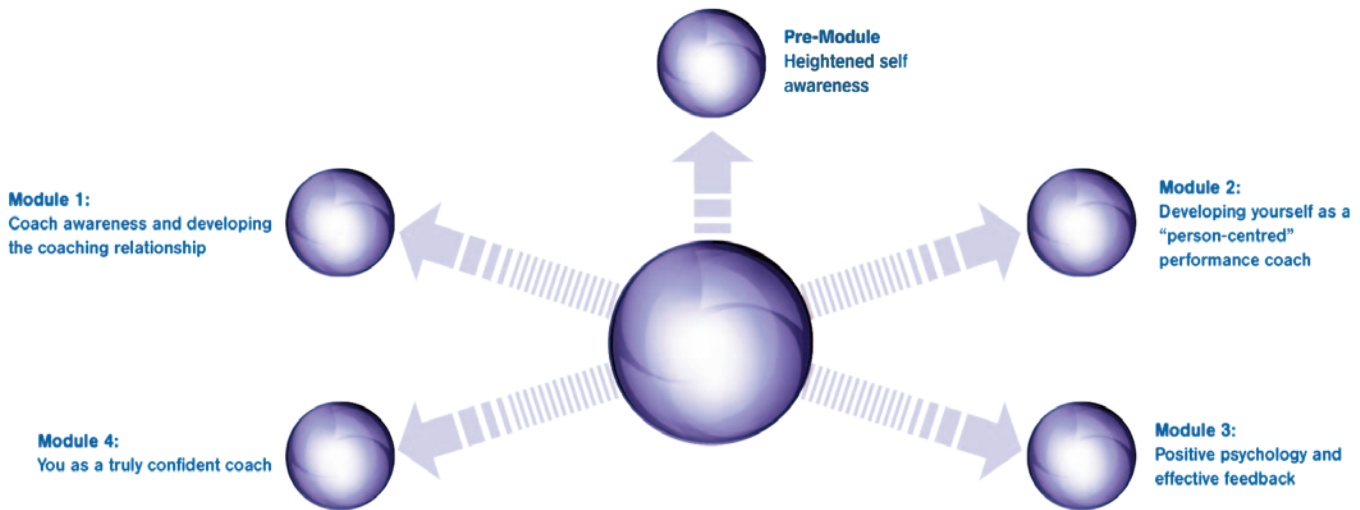


Your programme

Becoming an authentic coach is firstly an individual process, and requires a **deep level of self-awareness** which we will support you through during your attendance at the Pre-Module. The **core Modules 1-4** (and the pre and post work) are designed to guide you through the knowledge and skills required to work within the framework of the **'Coaching with Confidence' Core Competencies** – a critical set of guidelines for coaching practice. The 5 training days are built to raise your levels of self-awareness, self acceptance and personal confidence, and ultimately your skill in **coaching with confidence!**

You can expect to receive world-class training from our Post Graduate qualified coaches, all of whom are MBTI and EQi2.0/360 qualified, Mental Health First Aid trained and ICF PCC/EMCC Senior Practitioner accredited. **Our combined coaching experiences across sectors and internationally, in conjunction with the commitment to our brand values is what makes this team so unique.**

Your 'Coaching with Confidence' Coaching Skills Programme



What the EMCC say about the programme

“Coaching with Confidence is a well-designed and delivered programme. The provision of detailed information, its requirements, assessment and policies, contributes to a positive learning experience for the delegates. The excellent qualifications and experience of the programme team, the high-level support given to delegates, and the assessments combine to ensure that robust learning outcomes can be achieved. The well-implemented quality assurance processes including, internal moderation and external verification ensure that the programme is of a consistently high standard.”

EMCC, December 2020

You can trust us

Organisations that have trusted MRA to develop the **Professional Coaching capability of their leaders and teams** in the UK and across the globe:



The MRA team are also very proud to continue our work in supporting many organisations across the UK Education Sector, embedding the **Coaching with Confidence** qualification into their learning and **Continuous Professional Development** offer.

www.matthewradley.co.uk

This programme has been designed and is delivered in partnership with Matthew Radley & Associates Limited.

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